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Controversies in drug allergy : in vitro testing

Reference:

Mayorga Cristobalina, Ebo Didier, Lang David M., Pichler Werner J., Sabato Vito, Park Miguel A., Makowska Joanna, Atanaskovic-Markovic Marina, Bonadonna Patrizia, Jares Edgardo.- Controversies in drug allergy : in vitro testing
The journal of allergy and clinical immunology - ISSN 0091-6749 - New York, Mosby-elsevier, 143:1(2019), p. 56-65
Full text (Publisher's DOI): <https://doi.org/10.1016/J.JACI.2018.09.022>
To cite this reference: <https://hdl.handle.net/10067/1558100151162165141>

1 **CONTROVERSIES IN DRUG ALLERGY. IN VITRO TESTING**

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32

33 **Abbreviations:**

34 DHRs: Drug hypersensitivity reactions

35 SCARs: Severe cutaneous allergic reactions

36 STs: Skin tests

37 DPT: Drug provocation tests

38 SJS: Steven-Johnson syndrome

39 TEN: Toxic epidermal necrolysis

40 DRESS: Drug rash with eosinophilia and systemic symptoms

41 IR: immediate reactions

42 NIR: Non-immediate reactions

- 43 NSAIDs: Non-steroidal anti-inflammatory drugs
- 44 COX-1: Cyclooxygenase-1 enzyme
- 45 MRGPRX2: Mas-related G-protein receptor
- 46 NMBAs: Neuromuscular blocking agents
- 47 TCR: T cell receptor
- 48 HLA: Human leukocyte antigen
- 49 sIgE: Specific IgE
- 50 BAT: Basophil activation tests
- 51 LTT: Lymphocyte transformation tests
- 52 ELISA: Enzyme-linked immunosorbent assay
- 53 ELISpot: Enzyme-linked immunosorbent spot assay
- 54 RCM: Radio contrast media
- 55 FcERI: High affinity IgE receptor
- 56 Cyto-LTT: Cyto-lymphocyte transformation test
- 57
- 58
- 59 **Keywords:** Drug hypersensitivity, in vitro tests, diagnostic, IgE, T-cells, p-i concept,
- 60 anaphylaxis, severe cutaneous reactions, proliferation, cytokine

61 **ABSTRACT**

62 Drug hypersensitivity reactions (DHRs), despite their low frequency, can be serious and
63 result in life-long sequelae. The diagnosis is critical to avert future reactions and should
64 not only entail the identification of the culprit drug(s) but also cross-reactive structures
65 and safe alternatives. However, making the diagnosis can be complex. Reliable *in vitro*
66 tests can offer the potential to improve our ability to accurately establish a diagnosis of
67 DHR and influence medical decision making. Importantly, *in vitro* testing is frequently
68 not performed as a test in isolation, but rather as a component of a diagnostic
69 algorithm, along with additional tests, for evaluating whether a DHR is present or not.
70 There are several *in vitro* approaches depending on the pathomechanism involved for
71 different endotypes of DHRs. However, only a restricted number are in the area of
72 routine diagnosis, and many require an experienced laboratory and critical
73 interpretation. Data from different studies indicate that *in vitro* tests, although
74 generally highly specific, exhibit varying sensitivity highly dependent on the drug
75 involved and, particularly for non-immediate reactions, on the clinical phenotype.
76 Nevertheless, *in vitro* tests can complement traditional *in vivo* testing such as skin
77 tests, especially in patients in whom the *in vivo* test shows negative or equivocal
78 results and in severe cases in which drug provocation tests are contra-indicated or
79 impossible. The main unmet need for *in vitro* tests for diagnosis of DHRs is the absence
80 of validation in larger studies with a blinded comparison to a reference standard, in
81 representative study populations.

82

83 INTRODUCTION

84 Drug hypersensitivity reactions (DHRs) can mechanistically be classified as allergic,
85 either antibody mediated or T-cell mediated, and non-allergic when other
86 mechanisms, including direct mast-cell degranulation are involved. Despite it's
87 relatively low frequency DHRs can be serious (anaphylaxis, severe cutaneous allergic
88 reactions (SCARs)) and might result in life-long sequelae.

89 Establishing that the adverse reaction is causal (rather than coincidental) and is
90 associated with increased risk for adverse reaction with re-exposure is a critical aspect
91 of management. Correct diagnosis is mandatory to avert future reactions and implies
92 not only the identification of the culprit(s) but also of all cross-reactive structures and
93 safe alternatives. In DHRs both underdiagnosis and overdiagnosis are potential
94 problems¹. Thus an accurate diagnosis is important: on one hand to avoid false positive
95 results that incorrectly classify subjects as allergic. And false negative results can
96 impair patient safety, especially in those with severe reactions.

97 In addition, correct diagnostic tests might help to identify those patients who might
98 need desensitization and provide benefit in monitoring the effect of this process.

99 Diagnosis of DHRs starts with a detailed clinical history and thorough revision of the
100 patient's record that is generally complemented with skin tests (STs). However, the
101 predictive value of STs remains frequently unknown and their responses might not
102 always be predictive for the clinical outcome of subsequent exposure². Consequently,
103 the definitive diagnosis of DHR might require additional investigations, mainly drug
104 provocation tests (DPT). However, this procedure should not be performed in high risk
105 patients (e.g. severe life-threatening anaphylaxis, Steven-Johnson syndrome (SJS) or
106 toxic epidermal necrolysis (TEN) and DRESS (drug rash with eosinophilia and systemic

107 symptoms)) and should only be performed after meticulously balancing the potential
108 for benefit with the potential for harm in each individual case³. Moreover, even DPT
109 might not exhibit absolute predictive values^{1,4} and their entrance in mainstream use
110 can be hampered for practical reasons.

111 Reliable *in vitro* tests offer the potential to improve our ability to accurately diagnosis
112 DHR, particularly since these tests are readily available and can be easy to
113 harmonize/standardize. The performance of these *in vitro* tests in the DHR diagnostic
114 algorithm would appropriately be placed before or after the STs but always before
115 DPT. Ideally, these tests should contribute to identify both offending compound(s) and
116 safe alternatives, and enable investigation of the underlying pathomechanism(s).

117 Based on the emergence of new technologies, there is an expanding array of
118 diagnostic tests available for diagnosis of a DHR. It is important for the clinician to
119 understand the potential promise of *in vitro* tests for confirming or ruling out a
120 diagnosis of DHR, and to recognize the limitations of currently available diagnostic
121 tests. An ideal screening test is associated with optimal sensitivity and specificity, is
122 safe to perform, and would have been validated in studies with a blinded comparison
123 to a reference standard, in a representative study population⁵. An ideal diagnostic test
124 will add additional information that will influence medical decision making: a positive
125 test will lead to an increase in the probability that a diagnosis of DHR is present, such
126 that appropriate treatment will be prescribed, drug avoidance will be recommended,
127 and further diagnostic testing will be avoided; a negative test will lead to a reduction in
128 the probability an DHR is present, such that the potential morbidity associated with
129 treatment, suspension of the suspected drug, and further diagnostic testing can be
130 avoided. Furthermore, the clinician should understand that *in vitro* testing is

131 frequently not performed as a test in isolation, but rather as a component of a
132 diagnostic strategy, along with additional tests, for evaluating whether a DHR is
133 present.

134 DHRs have been classified by different means: In practical terms, the time elapsed
135 between intake/administration and onset of symptoms is still the most widely used
136 basis for a subclassification. It differentiates immediate, accelerated, or delayed forms,
137 and more recently as immediate reactions (IR) and non-immediate reactions (NIR).
138 However, some controversies on the classification persist, e.g. as some reactions are
139 overlapping⁶ and as the appearance of similar symptoms may be due to quite different
140 immune-mechanism⁶. Thus, Pichler & Hausmann proposed a subclassification based on
141 the mode-of-action of drugs: drugs forming a new antigen lead to allergic-immune
142 reactions, while pharmacological interaction with immune receptors cause “p-i” and
143 binding of drugs to proteins of effector cells result in “pseudoallergic” reactions⁷.

144 For testing, it is important to consider that IR and NIR usually correspond to different
145 immunopathological mechanisms, i.e. endotypes. In IR, mast cell degranulation via IgE
146 or other mechanism occur; whereas in NIR, IgG and mainly T cells with specificity to
147 the responsible drug play a role. This needs to be taken into account when selecting
148 the *in vitro* diagnostic approaches to be applied⁸. Moreover, non-immune/non-allergic
149 DHRs resulting in IR may be based on excessive inhibition of specific enzymes or off-
150 target occupation of (immune) receptors. For example, hypersensitivity to non-
151 steroidal anti-inflammatory drugs (NSAIDs) has been related to the inhibition of
152 cyclooxygenase-1 enzyme (COX-1)^{9,10}. IR may also result from an off-target occupation
153 of the Mas-related G-protein receptor (MRGPRX2) by drugs such as some

154 fluoroquinolones, neuromuscular blocking agent (NMBAs), and opiates¹¹⁻¹³. In NIR,
155 stimulation of drug-reactive T cells may occur not only by the covalent binding of the
156 haptenic drugs to carrier proteins (allergic-immune stimulations), but also if the drug
157 binds by non-covalent means to immune receptors (TCR, HLA: pharmacological
158 interaction (p-i) with immune receptors). This may result in strong and restricted T cell
159 stimulations, which can be measurable *in vitro* or with skin tests (patch, delayed
160 intradermal testing)^{7, 14}.

161 There are several *in vitro* approaches for identifying the pathomechanism involved and
162 evaluating the different DHRs⁸. One might differentiate between parameters, which
163 measure a general activation, or assays, which try to identify the eliciting drug.

164 For IR, during the acute phase of the reaction, mediators such as tryptase, histamine or
165 leukotrienes, should be quantified. Although these assays do not provide information
166 about the culprit drug, they can point to involvement of mast cells and or basophils in
167 DHRs. For confirmatory diagnosis and identification of the responsible drug,
168 quantification of drug-specific IgE(sIgE) antibodies or direct/indirect basophil activation
169 tests (BAT) can be performed. However, only a restricted number of drug-sIgE assays
170 are currently available and the execution of BAT is still an area between research and
171 routine diagnosis, and requires an experienced laboratory and critical interpretation.

172 For NIR or cell-mediated reactions, the *in vitro* approaches are lymphocyte
173 transformation tests (LTT) which evaluates the drug specific proliferative response of
174 T-lymphocytes. Moreover, several modifications of the LTT have been evaluated – all
175 relying on a drug-specific stimulation of T cells and measurement of T cell reactions
176 like upregulation of surface markers (CD25, CD69, HLA-DR), production of cytokines,

177 measured by enzyme-linked immunosorbent assay (ELISA) and enzyme-linked
178 immunosorbent spot assay (ELISpot), or measurement of cytotoxicity (51-Cr release,
179 granzyme B and/or granulysin measurement).

180

181 **I. WHAT WE KNOW (ALREADY) AND WHAT WE HAVE (MOST RECENTLY) LEARNED**

182 The potential diagnostic utility and limitations of *in vitro* diagnostics in DHRs have been
183 reviewed elsewhere^{8, 15-17}. Although *in vitro* tests can contribute to correct diagnosis of
184 DHRs, mainly IgE-dependent, it appears that there is significant room for improvement
185 before these assays can enter mainstream use. Actually, from these reviews it appears
186 that one of the most important hurdles hampering their application in daily clinical
187 practice is the absence of methodologically sound studies executed in significant
188 numbers of well-characterized patients and (exposed) control individuals that included
189 comparison with a reference (i.e., “gold”) standard: DPT. However, as DPT is frequently
190 not performed due to obvious ethical reasons, in many cases convincing clinical history
191 and STs are reference tests. For the evaluation of the role of different tests for this
192 review we have included only studies that selected patients diagnosed using STs
193 and/or DPT and enrolled more than 5 patients and controls.

194 **I.a. In vitro tests for evaluating IR**

195 IR can be evaluated at the acute phase of the reaction or at the resolution phase. The
196 main goal of the *in vitro* test performed at the acute phase of the reaction is the
197 assessment of mast cell and/or basophil involvement and activation by quantification
198 of inflammatory mediators such as tryptase and histamine¹⁸. The determination of
199 peak tryptase during the acute phase with (or without in older studies) subsequent

200 quantification of baseline tryptase disclosed mast cell activation in a variable
201 percentage of patients, 31-66.6%¹⁹⁻²¹. In the case of histamine, it is also quite variable
202 in the different studies, 61-92%^{19, 20}. However, different criteria were adopted for
203 determination of mast cell activation and results could be restricted due to the short
204 half-life of these molecules. In fact, the determination of histamine in blood is limited
205 due to the circadian variations. Histamine and its metabolite N-Methylhistamine could
206 be collected in 24 hours urine and some efforts are doing to their determination in an
207 optimal time of collection. Regarding the values to consider positive results, today, it
208 has been suggested that the arbitrary tryptase threshold of 11.4 µg/L should be
209 revised and as an alternative, an international consensus equation (i.e., 1.2 x [basal
210 value] + 2 µg/L) should be applied^{22, 23}, that has shown a high specificity, and positive
211 predictive value although a moderate sensitivity and negative predictive value in
212 perioperative anaphylaxis.

213 Confirmatory testing for identification of the responsible drug(s) should be performed
214 in the resolution phase, and might imply quantification of the serum drug-sIgE and
215 BAT. Specific IgE detection in serum is traditionally performed by a solid-phase
216 immunoassay. By this approach, DHRs mainly to beta-lactam (BLs) (using the major
217 determinant, penicilloyl), NMBAs, quinolones and biological agents have been
218 evaluated in different studies, with a sensitivity of 62.9% and specificity of 89.2%²⁴.
219 These data vary depending on the drug involved with a range of positivity of 37.8-85%
220 for BLs²⁵⁻³⁰, 44-92% for NMBAs³¹⁻³⁶ and 26-68% for biological agents^{26, 37}. For BLs
221 hypersensitivity evaluation, the inclusion of all suspected drugs has been associated
222 with an increase in sensitivity as has been observed for patients with IR to the
223 combination amoxicillin-clavulanic acid³⁸⁻⁴⁰. For NMBA, it has been shown that

224 diagnosis should not rely upon quantification of sIgE in isolation⁴¹ and that sIgE to
225 morphine can add to the diagnosis of anaphylaxis from rocuronium and
226 suxamethonium but not atracurium⁴². In the case of BAT, most studies have been
227 performed in patients with immediate DHRs to BLs, NMBA, quinolones, dipyrone and
228 radio contrast media (RCM). Although BAT generally display excellent specificity
229 (exceeding 90%), sensitivity rates have been found to be highly variable and very
230 dependent on the drug involved. The positivity rates ranged from 44.4-63% for BLs^{40,}
231 ⁴³⁻⁴⁸, 36.1-91.7% for NMBAs^{33, 35, 49-54}, 42.3-65% for dipyrone⁵⁵⁻⁵⁷, 57.1-76.5% for
232 quinolones⁵⁸⁻⁶¹ and 46.2-62.5% for RCM^{62, 63}. As noted above, critical appraisal of these
233 studies reveals that assessment of the BAT might have been hampered by several
234 considerations including magnitude of the study, non-proper and heterogeneous
235 selection of patients and control individuals, pooling of drugs that might demonstrate
236 specific optimal stimulation concentrations and cytotoxic effects, and application of
237 arbitrary decision thresholds⁶⁴. Moreover, BAT results can be affected by the use of a
238 particular basophil activation marker, CD63 or CD203c, that specifically upregulates
239 after the drug stimulation, as has been demonstrated for BLs, quinolones and recently
240 for omeprazole^{43, 61, 65}, and also on the clinical manifestation of the patients^{61, 66}.

241 Alternatively, BAT offers the potential to study involvement of basophils, irrespective
242 the activation pathway. IgE-mediated pathogenesis can be confirmed by evaluating the
243 reduction of basophil activation after blocking with PI3Kinase inhibitors such as
244 wortmannin^{58, 67-69}. Moreover, preliminary, comparative studies between BAT and STs
245 might help to discriminate between genuine IgE-mediated reactions⁷⁰ and reactions
246 resulting from alternative IgE-independent effector cell activation, e.g. via off-target
247 occupation of the MRGPRX2 receptor. As basophils, unlike cutaneous mast cell barely

248 express MRGPRX2, these cells will not respond in steady state conditions of traditional
249 BAT. Therefore, unlike IgE-dependent reactions, DHR from MRGPRX2 occupancy will
250 probably yield negative BAT⁷¹.

251 In non-allergic hypersensitivity to NSAIDs, BAT show a low sensitivity when including
252 one NSAIDs in the test⁷²⁻⁷⁵ and although the sensitivity could increase when including
253 several NSAIDs, the specificity decreases dramatically^{72, 73, 76, 77} implying that BAT is not
254 useful for evaluating these reactions^{24, 69}.

255 When using BAT, it should be taken into account that some patient's basophils cannot
256 be activated after a positive control stimuli or specific drugs and are called "non-
257 responders". These non-responders account for 10-20 % of the population and should
258 be considered as false negative. It is attributed to differences in the intracellular
259 signaling pathway of high affinity IgE receptor (FcERI). These patients usually have
260 positive skin tests, indicating basophil, and not mast cell compromise⁷⁸. A negative BAT
261 result and positive STs can be due beside to non-responder basophils, to the genuine
262 lower sensitivity of BAT of a MRGPRX2 off-target occupation. Recently Spoerl et al
263 have proposed to reclassify reactions to NMBA as off-target reactions⁷⁹ however, this
264 cannot be entirely correct since a single drug (class) might actually have different
265 endotypes (with similar phenotype)^{13, 80-82}.

266 **I.b. In vitro tests for evaluating NIR**

267 Regarding *in vitro* tests for evaluating NIR, additional limitations exist, as they include
268 very heterogeneous clinical presentations (phenotypes), with different degrees of
269 severity and variable underlying immunological mechanisms which impair the
270 identification of a unique biomarker to be determined in routine *in vitro* tests for the

271 early diagnosis of the disease or the identification of the culprit drug. Most data are
272 mainly available from classical LTT with [3H] thymidine incorporation as a measure of T
273 cell proliferation and show a global sensitivity of 56.1%, and specificity of 93.9%.
274 Interestingly these data are strongly influenced by the type of reaction with mild and
275 moderate reactions showing higher sensitivity (57.9-88.8%)⁸³⁻⁸⁶ and specificity (92.8-
276 100%) compared to data obtained in severe bullous reactions with sensitivity ranging
277 from 25-75% and specificity from 63-100%^{24, 87-90}. Moreover, also within each type of
278 reaction the positivity will depend on the drug tested with higher results when
279 evaluating anticonvulsant induced-DRESS⁹⁰⁻⁹⁴ than SJS/TEN^{88, 91}.

280 In recent years, based on the need to focus on the effector response⁹⁵, other *in vitro*
281 tests, which are modification of LTT, have been used. In these tests, cells are
282 stimulated with the culprit drug and if activated they will release cytokines (IL-4, IL-5,
283 IFN- γ) or cytotoxic markers (granzyme B, granulysin) which can be detected by ELISpot,
284 beads assay/flow cytometry or ELISA. These tests have shown to be valuable in
285 evaluating drug-induced-SCARs where ELISpot, measuring the number of cells
286 producing IFN- γ or IL-4, has shown a higher level of positivity, 82% compared to only
287 50% with LTT⁸⁷. Moreover, analyzing different studies, it has been observed that
288 ELISPOT measuring IFN- γ producing cells did not increase sensitivity compared to LTT
289 when evaluating patients with DRESS, but markedly increased sensitivity in patients
290 with SJS/TEN from 35% to 71% with no changes in specificity (96%)⁹⁶. Furthermore, as
291 demonstrated by Porebski et al in patients with drug induced SJS/TEN, the
292 combination of results obtained by different *in vitro* approaches evaluating
293 inflammatory mediators in effector cells increases the overall *in vitro* sensitivity to 80%
294 maintaining the high specificity, 95%⁸⁸. Based on the improved sensitivity by combining

295 the analysis of cytokines with cytotoxicity, the Bernese group recently developed the
296 “Cyto-LTT”, which combines measurements of IL-5, IL-13, IFN γ with cytotoxicity
297 (granzymeB and granulysin): It seems to be far more sensitive (>80%) than the usual,
298 proliferation based LTT in NIR like maculopapular exanthems, acute generalized
299 exanthematous pustulosis and DRESS and is still affordable for routine diagnosis as it is
300 based on a beads assay⁹⁷it avoids the use of radioactivity, one of the main obstacles
301 for using LTT. Thus, the new Cyto-LTT seems to open new possibilities for routine
302 testing of T cell mediated NIR.

303 In last decades, different studies have indicated associations between some HLA alleles
304 and increase risk of suffering SCARS particularly in those reactions induced by abacavir,
305 carbamazepine, and allopurinol. In this sense, HLA-B*57:01 has been associated with a
306 severe drug hypersensitivity reaction induced by abacavir with a sensitivity from 45.5-
307 80% and specificity of 97.6-99%) demonstrating that this screening reduces the
308 prevalence of abacavir-induced hypersensitivity⁹⁸⁻¹⁰⁰. In the case of carbamazepine-
309 induced SJS/TEN, HLA-B*15:02 has been strongly associated in Asian populations¹⁰¹⁻
310 ¹⁰⁴and its determination has been recommended by European Medicines Agency and
311 U.S. Food and Drug Administration in at-risk populations¹⁰⁵. The HLA-B*58:01 allele has
312 been associated to allopurinol-induced DRESS and SJS/TEN^{106, 107}although its usefulness
313 is not currently clear^{105, 108}.

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318 **II. WHAT IS (STILL) CONTROVERSIAL AND/OR DONE DIFFERENTLY IN DIFFERENT**
319 **INSTITUTIONS OR GEOGRAPHICAL AREAS.**

320 Although there is a general consensus about the need for better *in vitro* tests for
321 diagnostic evaluation of DHRs, currently there are inconsistencies in their use, with
322 recommendations for these assays varying depending on the geographical area and
323 type of health system. Regarding the sIgE immunoassays, in some European countries
324 they are recommended for evaluating IR to BLs, NMBAs, chlorhexidine, and biological
325 agents⁸but only for penicillins in the United States¹⁰⁹. BAT is only recommended in
326 Europe for patients who presented a severe life-threatening reaction or when ST are
327 not available or yield equivocal or negative results⁶⁹.

328 As mentioned above, the BAT is not useful for evaluating non-allergic hypersensitivity
329 to NSAIDs^{72, 73, 110}, although it is propagated by some commercial companies.

330 A potential role for BAT has recently been shown for monitoring response during
331 desensitization to chemotherapeutics, with the possibility that BAT could serve as a
332 biomarker for rapid drug desensitization^{111, 112} and to predict breakthrough reactions
333 during desensitization¹¹². Additional studies are warranted to confirm these promising
334 data.

335 With regards to NIR there is agreement about the urgent need for further studies since
336 sensitivity of *in vivo* testing (patch testing or intradermal testing with delayed reading)
337 is disappointingly low, particularly in SCARs where no DPT are possible because of
338 obvious ethical reasons. However, as SCARs are rare, it is likely that validation and
339 harmonization of these tests will require collaborative studies.

340

341 III. WHAT CONSENSUS RECOMMENDATIONS CAN BE MADE NOW?

342 Data from different studies indicate that *in vitro* tests, although generally highly
343 specific, exhibit varying sensitivity. This sensitivity is highly dependent on the drug
344 involved and, especially in NIR, on the clinical phenotype. Nevertheless, *in vitro* tests
345 can complement traditional *in vivo* testing such as STs, especially in patients in whom
346 the *in vivo* test shows negative or equivocal results and provided drug-specific
347 thresholds are applied³¹. They can also be complementary to *in vivo* testing for the
348 identification of cross-reactivity missed by STs⁵⁰. For IR, it has been proposed triple
349 testing including STs, BAT or histamine release test and determination of drug-sIgE as a
350 way to achieve a diagnosis when at least two out the three tests are positive ^{13, 64}
351 although further studies are needed.

352 Finally, these assays can be valuable in severe cases in which DPT are contra-indicated.
353 Therefore, their use is tailored to particular patients and there is not enough
354 information to make a recommendation for all DHRs.

355 *In vitro* tests generally exhibit a favorable specificity. However, it is important to note
356 that results of sIgE to morphine, a biomarker for sensitization to substituted
357 ammonium structures, are frequently clinically irrelevant^{31, 33, 41, 64}. The reason for
358 these false-positive results to some extent relates to high titers of total IgE resulting in
359 non-specific binding of IgE to morphine³¹. Some concerns about specificity has also
360 been found for sIgE to penicillins since some patients with suspected IgE-mediated
361 hypersensitivity to penicillin and positive ImmunoCAP, can have sIgE to
362 phenylethylamine, an allergenic structure related to penicillin, but different from the
363 classical allergens¹¹³. These false-positive tests limit the ImmunoCAP value for the
364 diagnosis of penicillin allergy¹¹⁴. Alternatively, Vultaggio et al for BL ¹¹⁵ demonstrated

365 that high levels of total serum IgE can induce false-positive results to BL and that the
366 application of drug-sIgE/total IgE ratio's may correct the diagnosis²⁹. Whether the
367 principle of the drug-sIgE/total IgE ratio applies to other drugs or related compounds is
368 unknown.

369 BAT mirrors more closely the *in vivo* situation than traditional sIgE and might also
370 circumvent the issue of epitopes hidden in a solid phase assay (as shown for IgE to
371 quinolones¹¹⁶.

372 Using drug metabolite(s) beside the native drugs or the right drug-carrier conjugates
373 could achieve an increase in sensitivity in some reactions, as has been demonstrated in
374 IR^{68, 117} as well as in NIR¹¹⁸. Furthermore, and especially for NIR, it should be important
375 to focus on the right effector cells and biomarkers involved in each clinical entity^{87, 88,}
376 ^{95, 119}.

377 A major limitation of BAT to drugs is the need of fresh cells and the 10-20% no-
378 responders. Thus, it would be ideal to use patient's serum and passive sensitization of
379 donor basophils (or basophil/mast cell lines) as read out system. This approach has
380 been investigated in various labs: While the available cell lines were quite
381 disappointing, some success could be achieved with IgE stripped and resensitized
382 basophils of blood donors. e.g. in chlorhexidine allergy, 90% of direct BAT positive
383 patients reacted also in the passive BAT to chlorhexidine (Pichler WJ, personal
384 communication). Thus, while it is still an experimental procedure, it may have its role
385 under certain situations already now.

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389 IV. UNMET NEEDS

390 The main unmet needs for *in vitro* tests in the diagnosis of DHRs are that currently the
391 tests are not robustly clinically validated and most of them are in the technical
392 validation phase. Larger studies with well-characterized patients and controls are
393 needed. The ideal situation to evaluate the role of *in vitro* tests to evaluate DHRs
394 would be the inclusion of patients with a confirmed diagnosis of DHRs that in many
395 cases would only be achieved after a DPT employed as a reference standard, with the
396 understanding that for ethical reasons DPT cannot be performed in life-threatening
397 reactions.

398 In real life, patient inclusion is based on clinical history and STs and sometimes only on
399 clinical history when STs are not available or produce equivocal results.

400 Another limitation of many studies, as a result of the prevalence of DHRs, is the small
401 sample size. Therefore, it is likely that multicenter studies will be needed, as these can
402 benefit the harmonization of techniques and inclusion of sufficient numbers of
403 patients/controls with more careful selection of phenotypes/endotypes.

404 Moreover, there is an urgent need for improvement *in vitro* testing since currently
405 there is no method with optimal/sufficient sensitivity to diagnose DHRs. Future
406 research should focus on:

- 407 • Determining the clinically relevant biomarkers by dissecting the effector
408 immunological response (basophil, mast cells, lymphocytes,...).
- 409 • Using the optimal drug concentration of the test from a dose-response
410 analysis, checking non-cytotoxic concentration particularly when using
411 cellular tests.

- 412 • Determining the right thresholds for considering results as positive, by
413 using ROC analysis.
- 414 • Determining the rate of non-responder cases in BAT.
- 415 • Determining the optimal time of performing the test in order to avoid
416 false negative results. For IR and depending on the drug, close to the
417 acute phase of the reaction; for NIR, at the acute phase or resolution
418 phase depending on the clinical entity.
- 419 • Standardizing the different techniques for each *in vitro* testing and for the
420 most common drugs eliciting hypersensitivity.
- 421 • Amplifying the *in vitro* immunological response (dendritic cells, TLR
422 ligands,..)
- 423 • Combining results from multiple *in vitro* and *in vivo* tests.
- 424 • Performing studies on hypersensitivity reactions to a single drug or drug
425 group, avoiding miscellanea of drugs and if possible focusing in a specific
426 clinical manifestation mainly in NIR.
- 427 • Characterizing the drug metabolites involved in DHRs induction.

428

429 All this will encourage development of algorithms for identifying the best *in vitro* test
430 approach for each patient according to the culprit drug, time elapsed since the
431 reaction onset, and clinical manifestations.

432

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	Advantages	Limitations
Immediate DHRs at the acute phase: Markers for severity and type of reaction		
Tryptase determination	<ul style="list-style-type: none"> Assessment of mast cell involvement 	<ul style="list-style-type: none"> Difficulties in performing the test in the right time kinetic of peak tryptase due to short half-life (30-120 min) Comparison with basal levels is needed
Histamine determination	<ul style="list-style-type: none"> Assessment of mast cell and/or basophil involvement 	<ul style="list-style-type: none"> Short half-life Comparison with basal levels is needed No commercial available
Immediate DHRs at the resolution phase: Identifying the relevant drug(s)		
sIgE by Immunoassay	<ul style="list-style-type: none"> Identification of the culprit drug Serum sample can be easily stored and transported 	<ul style="list-style-type: none"> Available for a limited number of drugs Time interval from reaction is critical for sensitivity
Basophil activation test	<ul style="list-style-type: none"> Identification of the culprit drug Available for a wide panel of drugs 	<ul style="list-style-type: none"> Blood samples cannot be stored Not useful for non-allergic DHRs Time interval from reaction is critical for sensitivity
Non-Immediate DHRs at the resolution phase: Identifying the relevant drug(s)		
Lymphocyte transformation test	<ul style="list-style-type: none"> Identification of the culprit drug Based on proliferation 	<ul style="list-style-type: none"> Highly dependent of the clinical entities Low sensitivity in severe bullous skin reactions
Cytokine determination by ELISA, ELISPOT, bead assay	<ul style="list-style-type: none"> Identification of the culprit drug Based on cytokine secretion; 	<ul style="list-style-type: none"> Highly dependent of the clinical entities Low sensitivity in severe bullous skin reactions
Combined cytokine and cytotoxicity assays (cyto-LTT)	<ul style="list-style-type: none"> Identification of the culprit drug based on cytokine production or cytotoxicity 	<ul style="list-style-type: none"> Increased sensitivity and still excellent specificity; may even help in diagnosis of part of SJS/TEN cases